



Walhampton

INDEPENDENT PREPARATORY SCHOOL

Sun Protection Policy

May 2021

Governors committee normally reviewing:	General Purposes Committee
Effective from:	May 2021
Date last formally approved:	
Date of next review	April 2024
Person responsible for implementation and monitoring:	Designated Safeguarding Lead School Nursing team
Related policies and procedures:	Safeguarding and Child Protection Policy Health and Safety Policy First Aid and Medical Policy

1. Policy Intent

- 1.1. At Walhampton we acknowledge the importance of sun protection and want staff and pupils to enjoy the sun safely. The policy is based on the SunSmart guidelines from Cancer Research. The policy aims to provide best practice advice for pupils and staff to enjoy the sun responsibly.
- 1.2. The School is a whole school policy including the Early Years Foundation Stage (EYFS) and relates to any time that a pupil is under the care of staff, either on the premises, during activities or undertaking offsite activities.
- 1.3. Although this policy is aimed at pupils, staff should also follow this policy and the guidelines developed by the school.
- 1.4. This policy is published on the School website and is available in hard copy on request. It can be made available in large print or other accessible format if required.
- 1.5. Sun safety will be promoted through working with parents, Governors and the wider community to improve our understanding of and ability to avoid harmful effects of too much exposure to UV light.
- 1.6. Staff should act as positive role models in following the principles set out in this policy.

2. Policy Guidance and partnership with Parents

- 2.1. It is very important that the School and parents work together to protect pupils from the harmful effects of UV light.
- 2.2. We are asking parents to support this policy by:
 - 2.2.1. Ensuring that sunscreen has been applied prior to the start of the School day. (recommended SPF 50). Some lotions do contain nuts so please ensure that nuts are not listed in the ingredients list.
 - 2.2.2. Ensuring each pupil has the following items in school every day:
 - A named hat (available from the School shop), which is recommended to cover the ears, face and neck
 - A refillable water bottle (Can be any bottle, but also available in the school shop)
 - Bottle of sunscreen (recommended SPF50) / sunscreen applicator
- 2.3. For swimming, we recommend providing a plain navy blue rash vest that covers the shoulders. In the interim period whilst we obtain stock for the shop, any rash vest can be worn.
 - 2.3.1. Helping educate your child in the application of sunscreen themselves as staff are not permitted to apply sunscreen to pupils.
 - 2.3.2. Informing the school of any medical issues relevant to this policy, for example skin conditions, sensitivities or allergies to sunscreen.
 - 2.3.3. Sunglasses are not encouraged but children may wear them at breaktime (particularly those with hay fever).

2.4. We are asking staff to support this policy by:

2.4.1. Boarding staff will ensure any boarders have applied sunscreen prior to the start of the School day.

2.4.2. Asking pupils to wear their hat and apply sunscreen (recommended SPF 50) at regular intervals when outside.

2.4.3. Supervise the application of sunscreen and to teach pupils how to apply it.

2.4.4. Encourage pupils to drink water regularly throughout the day.

2.4.5. Encouraging pupils to sit / play in the shade where it is available.

2.4.6. Where shade is not available, the School will set up temporary pop up shelters where possible.

2.4.7. Where possible, outdoor activities will take place in the shade.

2.4.8. Act as a role model by wearing suitable clothing which covers most of the skin, particularly the neck and shoulders. Staff who work outside in the hot weather are asked to wear appropriate clothing.

2.4.9. In extreme heat, pupils may be asked to sit in the shade during sports and outdoor learning if they do not have a hat or water bottle available.

3. Education

3.1. The benefits and risks of exposure to the sun will be taught through our PSHE curriculum and reinforced from time to time

3.2. Assemblies will take place on how to stay sun safe during the summer term.

3.3. Information on sun safety will be made available around the School.

3.4. Parents will be aware of this policy and encouraged to work in partnership with the School.

4. Sunscreen

4.1. A letter will be sent to all parents at the beginning of the summer term asking parents to apply sunscreen prior to the start of the school day and to provide a named bottle of sunscreen for their child to reapply themselves at regular intervals when necessary. The School has supplies of sunscreen should a pupil mislay theirs.

4.2. Sunscreen use will be encouraged on days when the sun is strong, for PE, outdoor learning, school trips, expeditions week and other activities.

4.3. A full bottle of named sunscreen must be provided for every child at the beginning of expeditions week.

4.4. The School will review ways to support pupils in the application of sunscreen and ensuring that pupils have access to sunscreen when required.

5. Drinking Water

5.1. Pupils should have a named water bottle (which can be purchased from the school shop) in school throughout the year. These are sent home daily and should be washed at regular intervals.

5.2. Pupils will be encouraged to take their water bottles with them to PE lessons and Outdoor learning.

5.3. Pupils will have access to refill water bottles throughout the day. Additional water carriers will be provided during PE and outdoor learning for replenishment of bottles.

5.4. Staff who work outside for long periods of time are encouraged to keep a bottle of water with them to stay hydrated.

5.5. Parents are asked to provide a drink for school trips. When hot, parents are encouraged to provide an additional bottle of water for trips. The School will provide drinks for children to have during breaks and will ensure that water bottles can be replenished at regular intervals.

6. Protection from the sun indoors

6.1. Windows and other ventilation openings will be opened during the cool of early morning to allow stored heat to escape from the building.

6.2. The use of electric lighting will be kept to a minimum during heat waves.

6.3. All electrical equipment, including computers and monitors will be switched off when not in use and will not be left in standby mode.

6.4. Classrooms will be rearranged if necessary to avoid direct sunlight for a lengthy period of time.

7. Ticks and Lyme's disease.

7.1. The New Forest has a high prevalence of ticks during the Summer months.

7.2. Most tick bites are harmless but there are a small number of ticks that carry the bacteria that causes Lyme's disease.

7.3. The School nurses will remove ticks from pupils and inform the parents.

7.4. Parents should make themselves aware of the appearance of tick bites, the removal of ticks and the monitoring for Lyme's disease.

7.5. The School will work with parents to provide educational material in the removal of ticks and Lyme's disease.

7.6. For further details see: <https://www.nhs.uk/conditions/lyme-disease/>

8. Monitoring and review

8.1. The School will regularly monitor this policy, taking into account any changing guidance from the relevant authorities and organisation.

8.2. This policy will be reviewed every three years by the Governors.