



Walhampton

COVID-19 WHAT TO DO IF...

Walhampton contact details for COVID-19 related enquiries:

Email Covid19response@walhampton.com
schoolnurses@walhampton.com

During school hours 01590 613300

Out of hours 07708 471853

Requesting a PCR test from the NHS

<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/>

NHS advice about COVID-19 in children

<https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/coronavirus-in-children/>

Symptoms that require a PCR test

<https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>

What to do if.....	Action Needed	Return to school when.....
....my child has specific COVID-19 symptoms (a high temperature 37.8°C or above, a persistent/continuous dry cough, loss of taste and smell)	<ul style="list-style-type: none"> - Do not come to school - Contact school to inform us - Self-isolate the whole household - Contact NHS 111 to arrange a PCR test for your child or anyone who is symptomatic in the household - Inform the school immediately about the test result the test comes back negative or a period of 10 days has passed since the symptoms started, and the child feels well
....my child tests positive	<ul style="list-style-type: none"> - Do not come to school - Contact school to inform us - Agree an earliest date for possible return (minimum of 10 days) - Self-isolate the whole household (<i>household members only need to get tested if they also have COVID-19 symptoms</i>) 10 days have passed since the start of symptoms and the child feels well enough even if they still have a cough or loss of taste/smell (these symptoms can persist for several weeks)
....my child tests negative	<ul style="list-style-type: none"> - Contact school to inform us - Discuss when your child can come back (same day/next day) the test comes back negative and child is well and can then return but only after discussion with the Walhampton medical team

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What to do if.....	Action Needed	Return to school when.....
<p>....my child is unwell with mild symptoms (including sore throat, a cold, a slight cough, a rash, abdominal pain or diarrhea) but not specific COVID-19 symptoms, <i>and normally I'd send them to school</i></p>	<ul style="list-style-type: none"> - Do not come to school until you have contacted the school medical team to discuss symptoms - You can call them directly on 01590 613313 - We are working hard to control infection and we need your support to help us keep the community safe and the majority of children at school – therefore we are asking you to keep your children at home if they are unwell - We know from other settings that young children can present with cold-like symptoms, rashes, abdominal pain and diarrhea, and later test positive for COVID or pass the virus to others 	<p>....please discuss with school</p>
<p>....my child is ill with symptoms not linked to specific COVID-19 symptoms, <i>but poorly enough that ordinarily I would not send them to school</i></p>	<ul style="list-style-type: none"> - Do not come to school - Contact school to inform us - Ring on each day of illness 	<p>....after 48 hours following the last bout of sickness / diarrheawhen child feels well</p>
<p>....someone in my household has specific COVID-19 symptoms</p>	<ul style="list-style-type: none"> - Do not come to school - Contact school to inform us - Self-isolate the whole household - Household members with symptoms to get a test - Child does not need a test unless symptomatic - Inform school immediately of test result 	<p>....the test comes back negative</p>
<p>....someone in my household tests positive for COVID-19</p>	<ul style="list-style-type: none"> - Do not come to school - Contact school to inform us - Agree an earliest date for possible return (minimum of 10 days) - Self-isolate the whole household 	<p>....the child has completed 10 days of isolation. If child develops symptoms within this 10 days, they need to isolate for a further 10 days. Seek further advice from Walhampton medical team</p>



What to do if.....	Action Needed	Return to school when.....
....NHS test and trace has identified my Walhampton child as a close contact of somebody with symptoms or confirmed COVID-19	<ul style="list-style-type: none"> - Do not come to school - Contact school to inform us - Agree an earliest date for possible return (minimum of 10 days) the child has completed 10 days of isolation
....NHS test and trace has identified a household member (other than my child) as a close contact of somebody with symptoms or confirmed COVID-19	<ul style="list-style-type: none"> - The household member must self-isolate for 10 days - Child can continue to attend school as long as no other member of their household exhibits symptoms child can continue to attend school
....a sibling attending another school has been sent home to self-isolate due to there being a positive case in their School bubble	<ul style="list-style-type: none"> - The sent home sibling must self-isolate for 10 days - Walhampton children can continue to attend school child can continue to attend school
....my child has travelled abroad from a country or territory that IS NOT ON the exempt from self-isolation list of countries	<ul style="list-style-type: none"> - Do not come to school - If returning from a destination where quarantine is needed: - Minimum of 10 days self-isolation for all those that travelled - Contact school to inform us you are back in the country and we will agree an earliest date for possible return to school - Self-isolate the whole household - Use https://www.gov.uk/foreign-travel-advice for up to date travel information the quarantine period of 10 days has been completed



What to do if.....	Action Needed	Return to school when.....
....my child has travelled abroad from a country or territory that IS ON the exempt from self-isolation list of countries	<ul style="list-style-type: none"> - If returning from a destination where quarantine is NOT needed: - Check the current exempt countries and territories list at https://www.gov.uk/foreign-travel-advice to confirm the country you have travelled from or through is on the exempt list - Ring school to inform us you have returned to the UK and agree a return date to school you have informed the office of your return to the UK and you are exempt from self- isolation. Child can continue to attend school
....we have received medical advice that my child must resume shielding	<ul style="list-style-type: none"> - Do not come to school - Contact school to inform us - Shield until you are informed that restrictions are lifted and shielding is paused again school inform you that restrictions have been lifted and your child can return to school againyou receive medical advice that your child may return to school
....my child's bubble is closed due to a COVID-19 outbreak in school	<ul style="list-style-type: none"> - Do not come to school - Support your child at home with remote education provided by the school - Your child will need to self-isolate for 10 days - Other siblings may continue to attend school as long as nobody in the household displays symptoms school inform you that the bubble will be re-opened
....I am unable to get a test for someone in the household within 5 days of experiencing COVID-19 symptoms	<ul style="list-style-type: none"> - Do not come to school - If you are unable to get a test in the first 5 days of having symptoms, your child and your household must self-isolate for 10 days the child has completed 10 days of self-isolation

If your child is required to stay home but is well enough to work, please contact your child's class teacher / tutor for advice about how to access remote learning.