



# Walhampton

INDEPENDENT PREPARATORY SCHOOL

## COVID-19 WHAT TO DO

What to do if.....	Action Needed	Return to school when.....
....my child has <b>specific COVID-19 symptoms</b> (a high temperature 37.8°C or above, a persistent/continuous dry cough, loss of taste and smell)	<ul style="list-style-type: none"> <li>- <b>Do not come to school</b></li> <li>- Contact school to inform us</li> <li>- Self-isolate the whole household</li> <li>- <a href="https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/">https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/</a> gives details of COVID-19 symptoms</li> <li>- Get a test for your child or anyone who is symptomatic in the household</li> <li>- Inform the school immediately about the test result</li> </ul>	....the test comes back negative or a period of 10 days has passed since the symptoms started, and the child feels well
....my child tests positive	<ul style="list-style-type: none"> <li>- <b>Do not come to school</b></li> <li>- Contact school to inform us</li> <li>- Agree an earliest date for possible return (minimum of 10 days)</li> <li>- Self-isolate the whole household (<i>household members only need to get tested if they also have COVID-19 symptoms</i>)</li> </ul>	....10 days have passed since the start of symptoms and the child feels well enough even if they still have a cough or loss of taste/smell (these symptoms can persist for several weeks)
....my child tests negative	<ul style="list-style-type: none"> <li>- Contact school to inform us</li> <li>- Discuss when your child can come back (same day/next day)</li> </ul>	....the test comes back negative and child is well and can then return but only after discussion with the Walhampton medical team
....my child has mild symptoms of a sore throat, sniffles, a slight cough, but not specific COVID-19 symptoms, <i>and normally I'd send them to school</i>	<ul style="list-style-type: none"> <li>- Reinforce the importance of regularly sanitising their hands and let them come to school</li> <li>- Check their symptoms every evening/morning, especially their temperature, for any sign of change</li> </ul>	....child can continue to attend school

Headmaster: Titus Mills BA (Hons) PGCE

LYMINGTON, HAMPSHIRE, S041 5ZG

Telephone: +44 (0)1590 613300 Email: [office@walhampton.com](mailto:office@walhampton.com) Web: [www.walhampton.com](http://www.walhampton.com)

Walhampton School Trust Ltd. Registered in England No. 871641. Registered Charity No. 307330



What to do if.....	Action Needed	Return to school when.....
<p>....my child is ill with symptoms not linked to specific COVID-19 symptoms, <i>but poorly enough that ordinarily I would not send them to school</i></p>	<ul style="list-style-type: none"> <li>- <b>Do not come to school</b></li> <li>- Contact school to inform us</li> <li>- Ring on each day of illness</li> </ul>	<p>....after 48 hours following the last bout of sickness / diarrhoea ....when child feels well</p>
<p>....someone in my household has specific COVID-19 symptoms</p>	<ul style="list-style-type: none"> <li>- <b>Do not come to school</b></li> <li>- Contact school to inform us</li> <li>- Self-isolate the whole household</li> <li>- Household members with symptoms to get a test</li> <li>- Child does not need a test unless symptomatic</li> <li>- Inform school immediately of test result</li> </ul>	<p>....the test comes back negative</p>
<p>....someone in my household tests positive for COVID-19</p>	<ul style="list-style-type: none"> <li>- <b>Do not come to school</b></li> <li>- Contact school to inform us</li> <li>- Agree an earliest date for possible return (minimum of 14 days)</li> <li>- Self-isolate the whole household</li> </ul>	<p>....the child has completed 14 days of isolation. If child develops symptoms within this 14 days, they need to isolate for a further 10 days. Seek further advice from Walhampton medical team</p>
<p>....NHS test and trace has identified my child as a close contact of somebody with symptoms or confirmed COVID-19</p>	<ul style="list-style-type: none"> <li>- <b>Do not come to school</b></li> <li>- Contact school to inform us</li> <li>- Agree an earliest date for possible return (minimum of 14 days)</li> </ul>	<p>....the child has completed 14 days of isolation</p>
<p>....NHS test and trace has identified a household member (other than my child) as a close contact of somebody with symptoms or confirmed COVID-19</p>	<ul style="list-style-type: none"> <li>- The household member must self-isolate for 14 days</li> <li>- Child can continue to attend school</li> </ul>	<p>....child can continue to attend school</p>



What to do if.....	Action Needed	Return to school when.....
<p>...a sibling attending another school has been sent home to self-isolate due to there being a positive case in their school</p>	<ul style="list-style-type: none"> <li>- The sent home sibling must self-isolate for 14 days</li> <li>- Walhampton children can continue to attend school</li> </ul>	<p>...child can continue to attend school</p>
<p>...my child has travelled abroad from a country or territory that IS NOT ON the exempt from self-isolation list of countries</p>	<ul style="list-style-type: none"> <li>- <b>Do not come to school</b></li> <li>- If returning from a destination where quarantine is needed:</li> <li>- Minimum of 14 days self-isolation for all those that travelled</li> <li>- Contact school to inform us you are back in the country and we will agree an earliest date for possible return to school</li> <li>- Self-isolate the whole household</li> <li>- Use <a href="https://www.gov.uk/foreign-travel-advice">https://www.gov.uk/foreign-travel-advice</a> for up to date travel information</li> </ul>	<p>...the quarantine period of 14 days has been completed</p>
<p>...my child has travelled abroad from a country or territory that IS ON the exempt from self-isolation list of countries</p>	<ul style="list-style-type: none"> <li>- If returning from a destination where quarantine is NOT needed:</li> <li>- Check the current exempt countries and territories list at <a href="https://www.gov.uk/foreign-travel-advice">https://www.gov.uk/foreign-travel-advice</a> to confirm the country you have travelled from or through is on the exempt list</li> <li>- Ring school to inform us you have returned to the UK and agree a return date to school</li> </ul>	<p>...you have informed the office of your return to the UK and you are exempt from self-isolation. Child can continue to attend school</p>
<p>...we have received medical advice that my child must resume shielding</p>	<ul style="list-style-type: none"> <li>- <b>Do not come to school</b></li> <li>- Contact school to inform us</li> <li>- Shield until you are informed that restrictions are listed and shielding is paused again</li> </ul>	<p>...school inform you that restrictions have been lifted and your child can return to school again            ...you receive medical advice that your child may return to school</p>

Headmaster: Titus Mills BA (Hons) PGCE

LYMINGTON, HAMPSHIRE, S041 5ZG

Telephone: +44 (0)1590 613300 Email: [office@walhampton.com](mailto:office@walhampton.com) Web: [www.walhampton.com](http://www.walhampton.com)

Walhampton School Trust Ltd. Registered in England No. 871641. Registered Charity No. 307330



What to do if.....	Action Needed	Return to school when.....
....my child's bubble is closed due to a COVID-19 outbreak in school	<ul style="list-style-type: none"> <li>- <b>Do not come to school</b></li> <li>- Support your child at home with remote education provided by the school</li> <li>- Your child will need to self-isolate for 14 days</li> <li>- Other siblings may continue to attend school</li> </ul>	....school inform you that the bubble will be re-opened
....I am unable to get a test for someone in the household within 5 days of experiencing COVID-19 symptoms	<ul style="list-style-type: none"> <li>- <b>Do not come to school</b></li> <li>- If you are unable to get a test in the first 5 days of having symptoms, your child and your household must self-isolate for 14 days</li> </ul>	....the child has completed 14 days of self-isolation
....I am travelling to an area which might be in a high risk Tier	<ul style="list-style-type: none"> <li>- Follow the guidelines for the specific area that you are visiting</li> <li>- The guidelines may affect your child being able to attend school</li> </ul>	....the government's guidance for the region will determine whether your child can return to school